



Healthy, Thriving Children and Youth

Changing lives through mentorship: A Little Sister's story

Thanks to Big Sisters Association of Huronia, a United Way of Greater Simcoe County funded agency, Tracey has made a life-long friend and learned valuable life lessons.

Tracey comes from a single-parent family. From a very young age Tracey has witnessed various forms of violence in her home. As a result, Tracey withdrew socially and had a difficult time forming friendships and coping at school. Her grades and self-esteem suffered.

When Tracey was matched with her Big Sister it was a magical experience. The magic began when Tracey's Big Sister provided her with a safe and fun escape from the violence she was exposed to at home. They developed a trusting relationship and Tracey learned alternative ways to deal with conflict.

Through the simple power of mentoring, Tracey now displays renewed confidence that has empowered her to make friends and try new things. Creating new experiences and broadening horizons is what Big Sisters of Huronia is all about. Sometimes, the greatest gift you can give a child is your time.



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